Course Outline (Higher Education)

School:	School of Nursing and Healthcare Professions
Course Title:	CONTEXT OF PRACTICE 3: MENTAL HEALTH & ILLNESS
Course ID:	NURBN2014
Credit Points:	15.00
Prerequisite(s):	Nil
Co-requisite(s):	Nil
Exclusion(s):	Nil
ASCED:	060301

Description of the Course :

The Course has been designed to introduce undergraduates to contemporary mental health nursing concepts involving a recovery-focused and lifespan-based approach to mental health care. The Course will provide foundational knowledge around mental health care in various settings, assessment skills, communication, the principles and components of recovery and collaborative relationships with clients in mental health services across the lifespan. The Course will also emphasize the principles of the Victorian Mental Health Act (2014) with respect to empowerment, collaboration, least restrictive environment and attaining, preserving and establishing positive mental health outcomes for clients. Students will also gain a beginning knowledge and experience in a mental health clincal practice setting in which they can further develop some of these skills. The Course will be underpinned by the guiding principles of National Practice Standards for the Mental Health Workforce including rights, responsibilities, safety and privacy, consumer and carer participation, awareness of diversity, early detection and intervention, ethical practice and professional responsibilities.

Grade Scheme: Graded (HD, D, C, etc.)

Work Experience:

No work experience: Student is not undertaking work experience in industry.

Supplementary Assessment: Yes

Where supplementary assessment is available a student must have failed overall in the course but gained a final mark of 45 per cent or above and submitted all major assessment tasks..

Program Level:

AQF Level of Program						
	5	**6**	**7**	**8**	**9**	**10**
Level						
Introductory						
Intermediate			✔			

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AQF Level of Program						
	5	**6**	**7**	**8**	**9**	**10**
Level						
Advanced						

Learning Outcomes:

On successful completion of this course the students are expected to be able to:

Knowledge:

K1. Discuss the concepts of mental health and contemporary mental health nursing practice with a lifespan and recovery-focussed approach to mental health care;

K2. Describe a range of mental disorders including, but not limited to, mood disorders, psychotic disorders, personality disorders, anxiety disorders, with associated behavioural interventions (including medications), across the lifespan;

K3. Examine the principles of recovery-focussed care in contemporary mental health services with respect to the new Mental Health Act 2014 and explore the importance of client and family participation and self-determination as a perspective of the recovery paradigm;

Skills:

S1. Promote positive images and challenge discriminatory stereotypes of people with a mental illness by demonstrating the ability to practice in a way that acknowledges the dignity, culture, values, belief and rights of individuals and groups;

S2. Communicate effectively with people who are experiencing disturbances of thoughts, feelings and behaviour, and demonstrate cultural sensitivity and safety in mental health practice;

S3. Integrate mental health concepts into the nursing assessment, including conducting a mental health status examination through a comprehensive and systematic nursing assessment;

S4. Develop beginning practice skills of therapeutic communication to clients with mental illnesses;

Application of knowledge and skills:

A1. Use a recovery-based approach to assess, plan, implement, evaluate, accurately document and communicate evidence-based nursing care for the client with a mental illness; and

A2. Demonstrate a fundamental knowledge of the Mental Health Act 2014 and the roles and functions of the members of the mental health workforce encompassing cultural, spiritual, social, biological and psychological features of illness and health.

Course Content:

The NMBA Registered Nurse Standards for Practice (2016): NMBA Code of Professional Conduct for Nurses (2013) and NMBA Code of Ethics for Nurses (2013) have substantially informed the syllabus/content of this course.

Topics may include:

- rights and responsibilities
- safety and privacy
- consumer and career participation
- awareness of diversity
- mental health problems and mental disorders including related pathophysiology and pharmacology

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NURBN2014 CONTEXT OF PRACTICE 3: MENTAL HEALTH & ILLNESS

- promotion and prevention
- early detection and intervention
- assessment
- treatment
- relapse prevention and support

- integration and partnership

- documentation and information systems

- evaluation and research

- ethical practice and professional responsibilities

- the role of clinical placement in linking theory to practice

- therapeutic communication with clients who suffer from depression, experience suicide ideation and with patients who self-harm/risk take

- operations of the Mental Health Act 2014, in relation to the Australian Healthcare System

Values:

V1. Understand the importance of person-centred care within the promotion of mental health for individuals.

V2. Appreciate the significance of mental health to whole-of-person health.

Graduate Attributes:

FedUni graduate attributes statement. To have graduates with knowledge, skills and competence that enable them to stand out as critical, creative and enquiring learners who are capable, flexible and work ready, and responsible, ethical and engaged citizens.

Course Outline (Higher Education)

NURBN2014 CONTEXT OF PRACTICE 3: MENTAL HEALTH & ILLNESS

FedUni graduate attributes statement. To have graduates with knowledge, skills and competence that enable them to stand out as critical and enquiring learners who are capable, flexible and work ready, and responsible, ethical and engaged citizens. These have been applied to nursing context below:

Nursing Graduate Attributes:

The Bachelor of Nursing is a graduate capabilities outcomes-based curriculum. This course develops and/or assesses the following Federation University Australia and Registered Nursing Graduate Capabilities and the NMBA Registered Nurse Standards for Practice (2016).

Federation University Graduate Attributes	Registered Nurse Graduate Capabilities	Low Focus	Medium Focus	High Focus	Assessed
Responsible, ethical, engaged Social/cultural perspectives Local/national/international communities	1. Professional and ethical decision maker		âœ"		
	2. Politically astute, situational leader and citizen			âœ"	âœ"
	3. Socially and culturally aware agent for change		âœ"		âœ"
Critical, creative and enquiring Problem solver Ongoing learning	4. Critical, reflective thinker adept in clinical reasoning		âœ"		âœ"
	5. Creative problem solver			âœ"	âœ"
	6. Life-long researcher	âœ"			
Capable, flexible and work ready Communication skills Independent & collaborative worker	7. Skilled therapeutic Communicator			âœ"	âœ"
	8. Capable Inter-Disciplinary Healthcare Team Member			âœ"	
	9. Competent, caring, safe and professional practitioner			âœ"	âœ"

Learning Task and Assessment:

Planned Student Learning Experience

A 15 credit point course will involve a minimum of 150 hours of learning. For every one hour of teacher directed learning there will be a minimum of two hours of student/learner directed learning. The Teacher-directed hours of student learning in this course will be experienced primarily through teaching innovations like interactive technology enhanced learning, class discussions, audio-visual presentations, flexible blended and on-line learning, low and high fidelity simulations, exploration of case studies and inquiry-based learning. Active participation in encouraged during class sessions. Attendance at all clinical placement and laboratory sessions is compulsary.

Learner- directed hours will include focused learning activities, simulated laboratory learning, practice and reflection on practice, and role modelling. Students are expected to access electronic research databases and use computers to facilitate learning.

Learning Outcomes Assessed	Learning Tasks	Assessment Type	Weighting
K1, K2, K3, S1, S2, A1	Communication and application of mental health skills and techniques of assessment and management	Online Activities	20-40%
K1, K3, S1, S2 A1	Application of clinical reasoning in a meant health care context.	Clinical Scenario Test	60-80%

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Learning Outcomes Assessed	Learning Tasks	Assessment Type	Weighting
K1, K2, K3, S1, S2, S3, S4, A1, A2	Satisfactory achievement of identified NMBA Registered Nurse Practicum Standards (2016) in clinical practicum.	Clinical Portfolio / Clinical Practicum Assessment	HURDLE Satisfactory/Unsatisfactory

Adopted Reference Style:

APA